C4C Certified Professional Coach
(EMCC Level 5 Accredited)

Our level 5 Practitioner Coaching Programme is designed to help individuals and Organisations develop advanced personal coaching skills, facilitated by expert trainers.

This comprehensive, part-time course providers:

- An EMCC-accredited Level 5 Practitioner Qualification.
- A balanced mix of theoretical learning and practical application, using a variety of tools, models and coaching techniques.
- Delivery by experienced trainers who are also practicing executive coaches.
- Ongoing feedback, coaching supervision, and mentoring throughout the course.
- A pre-course conversation with the tutor to ensure the programme aligns with your personal or professional goals.
- Available for in-person study

Who Should Attend?

This programme is ideal for those who:

- Are internal coaches/mentors or use mentoring and coaching as part of their primary role.
- Are starting a career as an external mentor/coach.
- Work with a diverse range of clients and contexts to improve performance, build confidence, and enhance capability.
- Want to apply a variety of coaching models, tools, and processes within their work.

Duration: Five x 2 day modules

Course Benefits

Course Benefits For Individuals

- Gain the skills, knowledge, and competencies to coach effectively in professional and organisational contexts.
- Achieve a Level 5 qualification in coaching, accredited by the EMCC.
- Become part of the C4C & EMCC network, with access to exclusive benefits and resources.

Course Benefits For Organisations

- Equip managers and leaders with advanced coaching skills to foster staff development, enhance communication, and strengthen relationships.
- Support your organisation's Vision, Values, and Strategy by embedding coaching principles into the culture.

Programme Structure

- Five 2-day in-person modules which start October each year.
- A combination of academic coaching theories and experiential learning with practical coaching tools.
- Practice sessions in trios during each workshop to apply the learning in real-time.
- Five online coaching supervision sessions held between each module.
- Self-led learning with live practice clients as you progress through the course.

Assessment

- Three written assignments.
- A reflective learning journal on coaching development.
- A coaching log to reflect on experience with practice clients throughout your journey on the course.
- An observed Coaching session in the final workshop which is assessed by an experienced Executive Coach.

Course Fee

£4495.00 + VAT for Organisations
£4495.00 VAT incl. for individuals self-funding.

Course Outline

Pre-course - conversation with C4C Trainer/Facilitator.
Pre-reading & Self-assessment of the EMCC Competencies

Module 1 - (2 Days)	• Introductions and overview of the programme • How the group will work together • Contracting in Coaching • Coaching v Mentoring v Counselling • GROW Model • Discourses in Coaching • Coaching Practice (trios) • Reflection

Reading - Reflection - Practice Coaching - Written assignment 1

Module 2 - (2 Days)	• Ethics in Coaching
	• Psychological Models & Theories:
	  ◦ Life/Wellbeing Coaching
	  ◦ Cognitive Behavioural Coaching
	  ◦ Soul Guide Discourse
	  ◦ Spirituality in Coaching
	• Positive Psychology
	• Coaching Practice (trios)
	• Reflection

Reading - Reflection - Practice Coaching - TA Drivers Questionnaire for next workshop

Module 3 - (2 Days)	• Psy Expert Discourse • Transactional Analysis • Metaphor • Clean Language • Coaching Practice (trios) • Reflection

Course Outline

Reading - Reflection - Practice Coaching - Written assignment 2

Module 4 - (2 Days)	• Managerial Discourse • Solution Focused Coaching • Network Discourse • Presence in Coaching • Coaching Practice (trios) • Reflection

Reading - Reflection - Practice Coaching - Written assignment 3

Module 5 - (2 Days)	• Formal Feedback (Individuals & Organisations) • Coaching Resources, Explore and Practice • Coaching Assessments • Reflection • Feedback • Celebration

Get in touch

For more information, please contact:
Linda Butler, Co- Founder/Director C4C Ltd, Trainer & Executive Coach.
Email: Linda.Butler@coaching4careers.co.uk